

COACHES' CODE OF ETHICS

Successful coaches help young athletes to enjoy mastering new skills, demonstrate good sportsmanship, and develop self-esteem. They not only teach children the skills of the sport, they model the requisite skills for successful living in our community. Each and every athlete deserves to be treated with utmost respect and dignity. The safety and welfare of each child must be a priority at all times.

All City of Pasadena & Pasadena Running Roses' Coaches are required to fully comply with all aspects of the following code of professional behavior:

- The coach has a tremendous influence in the education of the student-athlete and shall never place the value of winning above the value of instilling the highest desirable ideals of good character.
- The coach must consistently uphold the honor and dignity of the profession and shall strive to set an example of the highest ethical and moral conduct in his/her relationships with student-athletes, parents, officials, administrators, and other coaches. He/She shall use discretion when providing constructive criticism and when reprimanding athletes.
- The coach shall promote the entire recreational program of the City of Pasadena & Pasadena Running Roses and will coordinate his/her program to compliment the mission and goals of the city.
- The coach shall be thoroughly knowledgeable with the sport's rules. He/She will appropriately teach, apply, and consistently enforce the rules and never attempt to seek an advantage by modifying the spirit or letter of the rules. All team members will be properly instructed in the use of all equipment.
- The coach shall actively promote good sportsmanship by all spectators by working closely with the community, participants, parents, faculty, and administrators.
- The coach shall respect the integrity and judgment of all track & field event officials. The coach shall not indulge in any conduct that will incite athletes, parents or spectators to behave inappropriately toward any or all officials.
- The coach will clearly communicate by word and deed that any public criticism of leadership, administrators, coaches, officials, parents or athletes is unethical and unacceptable.
- A coach shall not exert pressure of any kind of faculty members to give student- athletes special consideration.
- A coach shall do his/her utmost to establish and maintain a cordial and professional atmosphere throughout the event for all in attendance. Before and after each contest, practice and meeting he/she shall make every effort to meet and exchange friendly greetings with opposing coaches and athletes.

I have read and understand that the penalties for not adhering to this Code of Conduct may range from verbal warning to expulsion from the activity and/or coaching position.

Coaches' Name (Please Print)

Coaches' Signature

Date

ATHLETE'S CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as an Athlete participating in City of Pasadena's, Pasadena Running Roses Sports Program by following the Athlete's Code of Conduct

1. I will compete by the rules, and refrain from arguing or complaining about the official's decision.
2. I will be a role model of good sportsmanship and character and will meet my responsibilities to the coach and the team.
3. I will compete for the fun of it, and do my best to make sure that the track & field event is fun for all participants.
4. I will demonstrate fair competition and sportsmanship. I will treat participants, coaches, recreation administrators, and the public with respect as I would like to be treated.
5. I will refrain from the use of alcohol, drugs, or tobacco at all youth sports events.
6. I will make only positive and encouraging comments to athletes on both teams. I will be a good sport by cooperating with my coaches, teammates, opponents and officials.
7. I will remember that the goals of the track & field events are to have fun, improve skills and feel good about competing. I will not take the track & field event or myself too seriously. I will control my temper.
8. I will work equally hard for the team as for myself, and will always give my best effort.
9. As an Athlete, I have rights and responsibilities I will remember that I am a student- athlete and that the track & field event is for my enjoyment and my skill improvement.
10. I will demonstrate good sportsmanship.

I understand that the penalties for not adhering to this Code of Conduct may range from verbal warning to expulsion from the activity.

Print Athlete's Name

Team and Division

Athlete's Signature

Date

PASADENA RUNNING ROSES
CITY OF PASADENA HUMAN SERVICES AND RECREATION DEPARTMENT

PARENT'S CODE OF CONDUCT

I hereby pledge to live up to my responsibilities as a Parent participating in City of Pasadena's, Pasadena Running Roses' Sports Program by following the Parent's Code of Conduct

1. I will place the emotional and physical well-being of the children above my personal desire to win. I will help my child understand the valuable lessons sports can teach
2. I will be a role model of good sportsmanship and character. I will help my child meet his/her responsibilities to the coach and the team.
3. I will do my best to make sure that the track & field event is fun for all participants.
4. I will lead by example in demonstrating fair competition and sportsmanship to all participants. I will treat participants, coaches, recreation administrators, and public with respect.
5. I will help maintain a sports environment for all participants that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
6. I will make only positive and encouraging comments to athletes on both teams. I will not interfere or coach from the stands.
7. I will remember to not take the sport of track & field or myself too seriously.
8. I will strive to create a positive recreational experience for everyone involved in the activity.
9. I will remember that I am a youth sports parent, and that track & field is for children and not adults. Accordingly, I will encourage my child to compete in sports by providing a supportive atmosphere.

I understand that the penalties for not adhering to this Code of Conduct may range from verbal warning to expulsion from the activity.

Print Parent/Guardian Name

Team and Division

Parent/Guardian Signature

Date

Print Parent/Guardian Name

Team and Division

Parent/Guardian Signature

Date